



ST. VINCENT OF LERINS ORTHODOX CHURCH

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A parish of the Antiochian Orthodox Christian Archdiocese of North America

His Eminence Metropolitan Joseph

Archbishop of New York and Metropolitan of all North America

Clergy: Fr. Nectarios (Bernard) Funk (frnbfunk@sasktel.net)

Fr. Dn. John (Ivan) Youchezin (iicdn@sasktel.net)



Bulletin for The Week of Feb 18 - 25, 2018

- Sun – Feb 18** **Forgiveness (Cheese-fare) Sunday**
 9:00 am Orthros
 10:00 am Divine Liturgy
Agape lunch team: Peggy, Sara/Dave, Mary M.
 5:00 pm Great Vespers of Forgiveness
- Mon – Feb 19** **First Day of Holy Lent**
 5:15 pm Lighthouse dinner
 6:30 pm Compline with the Canon of St. Andrew of Crete
- Tues - Feb 20**
 6:30 pm Compline with the Canon of St Andrew of Crete
- Wed - Feb 21**
 6:00 pm Liturgy of Pre-Sanctified Gifts
- Thurs - Feb 22**
 6:30 pm Compline with the Canon of St. Andrew of Crete

Fri - Feb 23

6:30 pm Small Compline with Akathist to the Theotokos

Sat – Feb 24

5:45 pm Confessions

6:00 pm **NO** Church school

6:00 pm Inquirers' class

7:00 pm Great Vespers

Sun – Feb 25 **Sunday of Orthodoxy**

9:00 am Orthros

10:00 am Divine Liturgy

Agape lunch courtesy of Rachel Machnee

5:00 pm Sunday of Orthodoxy Vespers hosted by the
Dormition of the Theotokos Greek Orthodox Church

Mon – Feb 26

10:00 am Great Compline

Tues - Feb 27

7:00 pm Mom's Akathist Prayers. Location TBA.



REMINDERS / ANNOUNCEMENTS

1. From Lois

Lent begins this week and again we offer some Lenten Alms opportunities for you to participate in if you wish.

With Father Bernard's blessing we will do the following:

- Collection of items for the Saskatoon Pregnancy Options Center. They are a support organization for women in crisis pregnancy who chose life for their baby instead of abortion. They request Diapers (newborn to size 3), diaper wipes, and

baby clothing (newborn to 24 months). Also socks, receiving blankets, toys and boys are welcome.

- A money collection at our lunch table will go to help our teens and adults who will travel to Project Mexico for a house-building experience this summer. We have a total of 20 people going, 7 of whom are from our parish. Perhaps our collection will be used to pay for the donation made to the monastery where they will spend 2 nights on the way there.
- We will collect non-perishable food for the Saskatoon food bank
- It has been suggested that we do a visitation at a seniors/nursing home during Lent. Please let me know if you/your children would be interested in participating in visiting and a program (similar to our Nativity Pageant)

Also, congratulations to Roman and Yazzy on the birth of their baby girl - LIORA (meaning "gift from God") on Feb. 7th. She weighed around 7 pounds, and mom and baby are doing well.

2. From Adelle

Annual General Meeting is scheduled for Sunday - March 4, during the fellowship hour.

All department heads please have your reports ready to present and provide an emailed and/or hard copy. If you are a newly appointed department head (started September 2017), please contact the previous department head to obtain a report for 2017, before you took over your department.

All voting members please plan to attend the meeting.

Everyone is welcome and encouraged to attend the AGM.



3. **Attention Mothers, Daughters, Grandmothers, and Godmothers!**

The annual Sask. Orthodox Women's Retreat is fast approaching. We gather on **April 27th, 28th, and 29th**, for a time of spiritual refreshment and encouragement.

Our theme is “*Keeping Our Spark Alight for Christ*”.

Our presenter is Matushka Constantina Palmer, author of “*Scent of Holiness*” and “*The Sweetness of Grace*”!

We are again offering the Mother/Daughter special deal! Watch for the poster and registration form.

For further information please talk to Aggie Friesen or Brenda Bray.

Plan to attend. A blessing you won't want to miss!

4. Please contact Joan with names to be included in the prayer list (for the parish members and their immediate families).

The prayer list for this week is:

Fr. Bernard & Prs. Linda, Prs. Liana, Ilene, Heidi & Kosta, Aster & family, Matthew, Kelsey & family, Shane, Bruce, Adelle, Shaeleigh, Neoma, Ephrem, Crystal, Darlene, Joan, Victoria, Mervyn, Juliette, Madeleine, Gloria, Michael & Loraine, Donna Lee, Michael & Rose, Jordan, Mary, Anne, Hiet & Halid, Girmay, Berhane, Adam, Frewini & family, Lorena, Kyle, Ryan, Vitaly, Sue, Tyler, Jordan

Travelling: Peggy, Michael and Debra

5. Please remember to send your announcements to the church's email address, stvincentorthch@sasktel.net, **for the weekly bulletins by Wednesdays;** AND **for the monthly calendars - by the 15th of each month.**



6. From Tony Machnee:

Several of us from St. Vincent's will be traveling to Mexico in July to serve at Project Mexico, and St. Innocent Orphanage. We are asking, if you are willing, please begin collecting your bottles for us in order to help supplement our expenses. **Please do not bring them to Church so no bottles are left in the church's basement indefinitely.** I will let everyone know when I will plan to collect the bottles on a designated Sunday so that everyone can bring them, and I can take them the same day.

Daria shared an email few weeks ago with a link to our fundraising page. By accessing the link, you can donate to the whole group, or select individuals to support, and you can donate anonymously if you want. If you donate to the whole group, please note that will include 20 people from various cities and churches. If you would like to only support the 7 of us from St. Vincent, let me know and I can make that possible.

If you are able and willing to donate, we would greatly appreciate your support for this trip.

7. From Rachel Machnee

Attention all bargain hunters!

I need your help! In an effort to cut down on the amount of food wasted at church lunch, we are going to start using smaller sized plates. However, we only have a limited amount of the medium sized Corelle dishes. We need some more, but we don't want to pay full price. So, if anyone has any that they would like to donate, or if you see some for a really good deal at the thrift store please pick them up for us. The church can reimburse you for the cost of the plates. **We are ONLY looking for CORELLE dishes**, the medium sized plate, I believe it is 8 1/2 inches, as they are thin and stack nicely.

Any questions please contact Rachel Machnee. Thanks.



8. Snow Removal This Winter!!!

Help keep our church clean

- Please consider signing up to shovel snow to help keep the church's sidewalks clean. There is a **sign-up sheet on the bulletin board in the Narthex.**
- Please **remove wet boots/shoes before entering the church;** if you must have shoes on, then bring another pair to change into.



LOOKING AHEAD

- ❖ **March 4** Annual General Meeting after liturgy
- ❖ **April 1** Palm Sunday
- ❖ **April 8** Great & Holy Pascha
- ❖ **Apr 27-29** Women's Retreat



PASTORAL TEACHINGS, INFORMATION,

DIRECTIVES, NOTES & SAYINGS

We must renew our commitment to personal prayer and liturgical participation, to keeping the fasts of the Church, to giving our time and financial resources to the ministries of the Church, and, most especially, to being healed through self-examination and Confession.

His Eminence, Metropolitan JOSEPH



Among the Twelve Holy Martyrs who suffered in 308 A.D. under Emperor Diocletian were five Egyptian brothers according to the flesh and the spirit: Elias, Isaiah, Jeremiah, Samuel and Daniel. As they faced the beheading sword, they were asked where they were from. They responded: “From the Jerusalem on High.”

There is only one way into the Kingdom of Heaven, and that is the very way that Jesus Christ went when He lived on earth.

Bishop INNOCENT, Bishop of Kamchatka, the Kurilian & Aleutian Islands

No one will ever find true happiness and perfect prosperity without God or outside God.

Bishop INNOCENT, Bishop of Kamchatka, the Kurilian & Aleutian Islands

Let your prayers be simple, for both the Publican and the Prodigal Son were reconciled to God by a single phrase. *St. John Climacus*

Enduring his tortures at the age of 113, the Hieromartyr Charalampus said to the emperor’s soldiers, “*Thank you, my brethren, for in scraping my old body you renew my spirit for a new eternal life.*”

There is no one so stupid as he who cannot see his own sins and cannot see the virtues of others. There is no one so enlightened as he who can see and recognize his own sins and the virtues of others. *St. Nicholai of Zica*

Humble people have no needless or petty quarrels with others, because they have no egocentric desires to always have their own way. They are not self-seeking; for they know that it is God’s will, not their own, that they should strive for. Therefore, humility naturally brings with it unity, both with God and with our fellows.

His Eminence, Metropolitan JOSEPH



It is through the virtue of humility that we attain spiritual gifts. Humility is the acknowledgement that God has saved us, forgiven us and desires that we should do the same. God does not force us to do so, we must be willing. If we are not willing to be humble, the world will humiliate us. The humble person cannot be humiliated, for humiliation is nothing but a blow to our pride. The one who has no pride escapes such suffering.

His Eminence, Metropolitan JOSEPH

A man does not possess all the gifts, lest he think that grace is nature.

St. Gregory Palamas

Even when your body does nothing, sin can be active in your mind. When your soul inwardly repulses the evil one's attack by means of prayer, attention, remembrance of death, godly sorrow and mourning, the body, too, takes its share of holiness, having acquired freedom from evil actions. This is what the Lord meant by saying that someone who cleans the outside of the cup has not cleansed it inside but clean the inside and the whole cup will be clean (Mt. 23:25-26).

St. Gregory Palamas

