



# ST. VINCENT OF LERINS ORTHODOX CHURCH

821 Ave E N., Saskatoon SK

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*A parish of the Antiochian Orthodox Christian Archdiocese of North America*

His Eminence Metropolitan Joseph

*Archbishop of New York and Metropolitan of all North America*

Clergy: Fr. Nectarios (Bernard) Funk ([frnbfunk@sasktel.net](mailto:frnbfunk@sasktel.net))

Fr. Dn. John (Ivan) Youchezin ([iicdn@sasktel.net](mailto:iicdn@sasktel.net))



## Bulletin for the Week of Jan 13 - 20, 2019

### **Sun - Jan 13      Sunday after Epiphany**

**9:00 am**      Orthros

**10:00 am**      Divine Liturgy

**12:30 pm**      Children's confession class

**Agape lunch offered by Debra Cook**

### **Mon - Jan 14**

**10:00 am**      Paraklesis @ J. Dombowsky's

### **Thurs - Jan 17**

**6:30 pm**      Great Vespers for Sts. Athanasius & Cyril - Great Patriarchs of Alexandria

**4:00 pm**      Children's confession class



**Fri – Jan 18**

**Youth Event** – Movie Nite @ Andrew & Rachel’s.  
Please let them know if you’re coming

**Sat – Jan 19**

**5:45 - 6:45 pm** Confessions  
**6:00 pm** Church School / Catechism classes  
**7:00 pm** Great Vespers

**Sun – Jan 20**

**12<sup>th</sup> Sunday of Luke**

**9:00 am** Orthros  
**10:00 am** Divine Liturgy  
**12:30 pm** Children’s confession class

**Agape Lunch team:** Jodine, Kelsy F, Mariam

**Mon – Jan 21**

**10.00 am** Paraklesis @ J. Dombowsky’s  
**5:15 pm** Lighthouse dinner



**REMINDERS / ANNOUNCEMENTS**

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1. From Fr. Bernard, please
  - ❖ **book your Home Blessings**, for the month of January with Fr. Bernard, or with Madeleine at **(stvincentorthch@sasktel.net)**
  - ❖ sign up for baking the Prospora and Artos on the sign-up list on the bulletin board in the narthex
2. Please contact Joan with names to include in the prayer list, **for the parish members and their immediate families.**  
**The prayer lists for this week are:**  
Fr. Herman, Pres. Anna, Julianna, Jacob; Pres. Liana, David; Ilene; Anne; Neoma; Crystal, George & Mary; Darlene

& George; Victoria; Mervyn; Juliette, Madeleine; Mariam; Gloria; Yvonne, Harriet; Arlene; Shane; Adelle, Bruce, Shaeleigh; Hiet, Halid; Girmay; Bethune; Dimitri; Don; David, Joan; Jordan; Marian; Mary & Luis; Sue; Loraine, Michael; Sara; Mikayla, Jordan; Elias, Brad, Jen, Eamonn, Ezri, Isaac; Sarah Machnee & family; Mary Machnee & family; Brendan; Geoff, Deanna, Edmond & Alice; Devon; Darrel & Peggy; Natalie; George, Maryam Antonia and Albert; Laura; Mary; Anne

**Long Term Care:** Michael and Rose Kerelchuk

**3. Please send your announcements to the church's email address - [stvincentorthch@sasktel.net](mailto:stvincentorthch@sasktel.net) **for the weekly bulletins, by TUESDAYS** ; **AND for the monthly calendars, by the 10<sup>th</sup> of each month.****

**4. SNOW THIS WINTER!!! Help keep our church clean**

- Please consider signing up to shovel snow on the church's sidewalks. If you feel it in your heart that you can **OR** if you have any questions, feel free to contact Tony.
- Please **remove wet boots/shoes before entering the church**; if you must have shoes on, bring another pair to change in. If we comply with removing our wet boots/shoes when entering doctors' offices/clinics, our homes, and children in schools, then we have to follow same in the house of God.



# LOOKING AHEAD

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- ❖ **January, 23**  
7:00 pm PC meeting
- ❖ **January 27-28**  
Children's (ages 7-9 years) Preparation for Confession  
Retreat
- ❖ **January, 28** St. Ephraim the Syrian commemoration  
10:00 am Divine Liturgy

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## PASTORAL TEACHINGS, DIRECTIVES, NOTES & SAYINGS

Dear Faithful of the St. Vincent Family:

The following *Optina Elders'* prayer was read by Fr. Herman at the end of his homily on the Feast of Theophany last Sunday, and there was a request by someone to have a copy of the prayer. Perhaps you will remember that the prayer, in a slightly different translation, was brought to our attention here at St. Vincent parish many years ago, but now has been providentially brought to us again.

Fr. Herman suggested I copy it into the bulletin. May God enliven the prayer to you:

*Grant unto me, my Lord, that with peace of mind I may face all that this new day is to bring. Grant unto me grace to surrender myself completely to Your Holy will. For every hour of this day instruct and prepare me in all*

*things. Whatsoever tidings I may receive during the day, teach me to accept tranquilly, in the firm conviction that all eventualities fulfill your holy will. Govern my thoughts and feelings in all I do and say. When things unforeseen occur, let me not forget that all things come down from You. Teach me to behave sincerely and reasonably toward everyone, that I may bring confusion and sorrow to none. Bestow upon me, my Lord, strength to endure the fatigue of the day and to bear my part in all its passing events. Guide my will and teach me to pray, to believe, to hope, to suffer, to forgive and to love. Amen.*

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The following quote from St. Isaac of Syrian holds beautifully deep spiritual concepts. You are encouraged to spend prayerful time with it:

*Repentance is given to the sons of men as grace after grace, for repentance is a second regeneration by God. That of which we have received an earnest by baptism, we receive as a gift by means of repentance. Repentance is the door of mercy, opened to those who seek it. By this door we enter into the mercy of God, and apart from this entrance we shall not find mercy. Repentance is the second grace and is begotten in the heart by faith and fear. Fear is the paternal rod that guides our way until we reach the spiritual paradise of good things; and when we have attained thereto, it leaves us and turns back.*

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