



# ST. VINCENT OF LERINS ORTHODOX CHURCH

821 Ave E N., Saskatoon SK

☎ 306 - 244 - 4009      Email: [stvincentorthch@sasktel.net](mailto:stvincentorthch@sasktel.net)

*A parish of the Antiochian Orthodox Christian Archdiocese of North America*

His Eminence Metropolitan Joseph

*Archbishop of New York and Metropolitan of all North America*

Clergy: Fr. Nectarios (Bernard) Funk ([frnbfunk@sasktel.net](mailto:frnbfunk@sasktel.net))

Fr. Dn. John (Ivan) Youchezin ([iicdn@sasktel.net](mailto:iicdn@sasktel.net))

## *Bulletin for the Week of Jan 20 - 27, 2019*

### Sun – Jan 20      **12<sup>th</sup> Sunday of Luke**

**9:00 am**      Orthros

**10:00 am**      Divine Liturgy

**12:30 pm**      Children's confession class

**Agape Lunch team:** Jodine, Kelsy F, Mariam

### Mon – Jan 21

**10.00 am**      Paraklesis @ J. Dombowsky's

**5:15 pm**      Lighthouse dinner

### Wed – Jan 23

**7:30 pm**      PC meeting

### Sat – Jan 26

**5:45 - 6:45 pm**      Confessions

**6:00 pm**      Church School / Catechism classes

**7:00 pm**      Great Vespers



**Sun – Jan 27**      **12<sup>th</sup> Sunday of Luke**

**9:00 am**      Orthros

**10:00 am**      Divine Liturgy

**12:30 pm**      Children's (ages 7-9 years) Confession  
Preparation class

**Agape Lunch team:** Sarah M, Brenda, Anna Shev.

**Mon – Jan 28**      **Commemoration of Sts. Ephraim & Issac the Syrians**

**10.00 am**      Divine liturgy – NO ORTHROS

Children's (ages 7-9 years) Preparation for Confession Retreat



## **REMINDERS / ANNOUNCEMENTS**

1. From Fr. Bernard, please
  - ❖ **book your Home Blessings**, for the month of January with Fr. Bernard, or with Madeleine at **([stvincentorthch@sasktel.net](mailto:stvincentorthch@sasktel.net))**
  - ❖ sign up for baking the Prospora and Artos on the sign-up list on the bulletin board in the narthex
2. Please contact Joan with names to include in the prayer list, **for the parish members and their immediate families.**

**The prayer lists for this week are:**

Fr. Herman, Pres. Anna, Julianna, Jacob; Pres. Liana, David; Ilene; Anne; Neoma; Crystal, George & Mary; Darlene & George; Victoria; Mervyn; Juliette, Madeleine; Mariam; Gloria; Yvonne, Harriet; Arlene; Shane; Adelle, Bruce, Shaeleigh; Hiet, Halid; Girmay; Bethune; Dimitri; Don; David, Joan; Jordan; Marian; Mary & Luis; Sue; Loraine, Michael; Sara; Mikayla, Jordan; Elias, Brad, Jen, Eamonn, Ezri, Isaac; Sarah Machnee & family; Mary Machnee and

family; Brendan; Geoff, Deanna, Edmond & Alice; Devon; Darrel & Peggy; Natalie; George, Maryam Antonia and Albert; Laura; Mary; Anne

**Long Term Care:** Michael and Rose Kerelchuk

**3. Please send your announcements to the church's email address - [stvincentorthch@sasktel.net](mailto:stvincentorthch@sasktel.net) **for the weekly bulletins, by TUESDAYS** ; **AND for the monthly calendars, by the 10<sup>th</sup> of each month.****

**4. SNOW THIS WINTER!!! Help keep our church clean**

- Please consider signing up to shovel snow on the church's sidewalks. If you feel it in your heart that you can **OR** if you have any questions, feel free to contact Tony.
- Please **remove wet boots/shoes before entering the church**; if you must have shoes on, bring another pair to change in. If we comply with removing our wet boots/shoes when entering doctors' offices/clinics, our homes, and children in schools, then we have to follow same in the house of God.



# LOOKING AHEAD

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- ❖ **Feb 1**  
**6:30 pm** Great Vespers, Litya/Artoklasia for the Presentation of our Lord Jesus Christ in the Temple
- ❖ **Feb 2** **Presentation of our Lord Jesus Christ in the Temple**  
**9:00 am** Orthros  
**10:00 am** Divine Liturgy



❖ **Feb 3** Youth Event

**1:30 – 3:30 pm** Snow Day at Terry and Sarah Machnee's



# PASTORAL TEACHINGS, DIRECTIVES,

## NOTES & SAYINGS

The following quote from St. Isaac of Syria holds beautifully deep spiritual concepts. You are encouraged to spend prayerful time with it:

*Repentance is given to the sons of men as grace after grace, for repentance is a second regeneration by God. That of which we have received an earnest by baptism, we receive as a gift by means of repentance. Repentance is the door of mercy, opened to those who seek it. By this door we enter into the mercy of God, and apart from this entrance we shall not find mercy. Repentance is the second grace and is begotten in the heart by faith and fear. Fear is the paternal rod that guides our way until we reach the spiritual paradise of good things; and when we have attained thereto, it leaves us and turns back.*



The following *Optina Elders'* prayer was read by Fr. Herman at the end of his homily on the Feast of Theophany, and there was a request to have a copy of the prayer. Perhaps you will remember that the prayer, in a slightly different translation, was brought to our attention here at St. Vincent parish many years ago, but now has been providentially brought to us again.

Fr. Herman suggested to copy it into the bulletin.  
May God enliven the prayer to you

*Grant unto me, my Lord, that with peace of mind I may face all that this new day is to bring. Grant unto me grace to surrender myself completely to Your Holy will. For every hour of this day instruct and prepare me in all things. Whatsoever tidings I may receive during the day, teach me to accept tranquilly, in the firm conviction that all eventualities fulfill your holy will. Govern my thoughts and feelings in all I do and say. When things unforeseen occur, let me not forget that all things come down from You. Teach me to behave sincerely and reasonably toward everyone, that I may bring confusion and sorrow to none. Bestow upon me, my Lord, strength to endure the fatigue of the day and to bear my part in all its passing events. Guide my will and teach me to pray, to believe, to hope, to suffer, to forgive and to love. Amen.*

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