



# ST. VINCENT OF LERINS ORTHODOX CHURCH

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Email Address: stvincentorthch@sasktel.net

A parish of the Antiochian Orthodox Christian Archdiocese of North America

His Eminence Metropolitan Joseph

Archbishop of New York and Metropolitan of all North America

**Clergy:** Fr. Nectarios (Bernard) Funk (frnbfunk@sasktel.net)

Fr. Dn. John (Ivan) Youchezin (iicdn@sasktel.net)

## *Bulletin for The Week of Jan 28 - Feb 4, 2018*

**Sun – Jan 28** – Sunday of the Publican & the Pharisee; 1<sup>st</sup> Sunday of Preparation for Great Lent.

**9:00 am** Orthros

**10:00 am** Divine Liturgy

**Agape lunch team:** Zofan/ Ferwini, Aster, Selam

**Mon – Jan 29**

**10:00 am** Paraklesis @ J. Dombowsky's

**Thurs – Feb 1**

**6:30 pm** Great Vespers/Litia/Artoklasia for the Presentation of Our Lord in the Temple with Video Teaching to follow.

**Fri – Feb 2** Feast of the Presentation of our Lord in the Temple

**9:00 am** Orthros

**10:00 am** Divine Liturgy



## **Saturday – Feb 3**

**5:45 pm** Confessions  
**6:00 pm** Church school  
**6:00 pm** Inquirers' class  
**7:00 pm** Great Vespers

## **Sun – Feb 4      **After feast of the Presentation of our Lord in the Temple; Sunday of the Prodigal Son; 2<sup>nd</sup> Sunday of Preparation for Great Lent.****

**9:00 am** Orthros  
**10:00 am** Divine Liturgy  
**Agape lunch team:** Adelle, Sh. Elizabeth (Ilene), Lindsey

## **Mon – Feb 5**

**10:00 am** Paraklesis @ J. Dombowsky's  
**5:15 pm** Lighthouse dinner



# **REMINDERS / ANNOUNCEMENTS**

- 1.** Fr. Bernard and Dn. John will attend the Bishop's retreat in Alhambra, California, from February 5 - 9  
**He** will then be in Toronto from February 12 – 16  
For any Pastoral needs, please call Fr. Florin at 306 955 0345 (home) or 306 321 7976 (mobile)
- 2. From Joan**  
Ephrem would like everyone to know he has moved into his daughter's home. You can reach him at her home phone number 306-933-4725
- 3.** Please contact Joan with names you want to be included in the prayer list (**for the parish members and their immediate families**).

The prayer list for this week is:

Fr. Bernard & Prs. Linda, Prs. Liana, Ilene, Heidi and Kosta, Aster & family, Kelsy & family, Roman & family, Shane, Bruce, Adelle, Neoma, Ephrem, Crystal, Darlene, Joan, Victoria, Mervyn, Juliette, Madeleine, Gloria, Matthew, Michael & Loraine, Donna Lee, Michael & Rose, Jordan, Mary, Anne, Hiet and Halid, Girmay Berhane, Adam, Ferweeni & family, Stella, Lorena, Kyle, Ryan, Vitaly, Sue, Tyler, Jordan

#### 4. **From Rachel Machnee**

Attention all bargain hunters!

I need your help! In an effort to cut down on the amount of food wasted at church lunch, we are going to start using smaller sized plates. However, we only have a limited amount of the medium sized Corelle dishes. We need some more, but we don't want to pay full price. So, if anyone has any that they would like to donate, or if you see some for a really good deal at the thrift store please pick them up for us. The church can reimburse you for the cost of the plates. The size that we are looking for is the medium sized plate... I believe it is 8 1/2 inches. **We are ONLY looking for CORELLE dishes** as they are thin and they stack nicely.

Any questions please contact Rachel Machnee. Thanks.

#### 5. **From Lois**

Thanks to all who participated so generously in our Alms' Projects during the Nativity Fast.

- We made 26 Samaritan's Purse Shoe-Box gifts; collected \$1,075.00 at our Lunch Tables; made 11 Relief kits, and 30 Hygiene kits. (I am still missing one red pail, which I would love to return to MCC). May God bless you all.
- If you have new ideas for Alms' collections during the Lenten Fast, please share them with Lois. There are news' letters on the back-bulletin board from various organizations which we

have supported in the past - Kathy Langston in Romania, who works with orphans and disabled children, St. Nicholas Uganda Children's Fund, and Nashi. We could also consider collecting money to support our members who will be serving at Project Mexico. Let me know what you think and offer your ideas.

- **February Lighthouse Community Dinner** dates will be Monday, February 5 with Andrew & Rachel Machnee cooking, and February 19, with Aster cooking.

**6. Please remember to send your announcements to the church's email address, [stvincentorthch@sasktel.net](mailto:stvincentorthch@sasktel.net) , **for the weekly bulletins by Wednesdays; AND for the monthly calendars - by the 15<sup>th</sup> of each month.****

**7. Snow Removal This Winter!!!  
Help keep our church clean**

- Please consider signing up to shovel snow to help keep the church's sidewalks clean. There is a **sign-up sheet on the bulletin board on the Narthex.**
- Please **remove wet boots/shoes before entering the church;** if you must have shoes on, then bring another pair to change in.



# **LOOKING AHEAD**

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## ❖ **February Youth Event**

- When: Friday, February 9<sup>th</sup> at 6 pm  
What: Broom Ball followed by snacks at the Sieberts' house  
Where: The rink in Borden  
Bring: Warm outside clothes & a snack to share  
How to get there: Will pick up all the kids & drive them out to this event

# PASTORAL TEACHINGS, INFORMATION, DIRECTIVES, NOTES & SAYINGS

## ❖ **The offering of Prosphora Loaves & Artos for Litia & Artoklasia**

If you signed-up to bake the **Prosphora loaves**, please ensure that it is available in church at least the day before the Divine Liturgy.

**Artos** can be brought on the day of the feast within half-an-hour before the service.

If, for any reason, you cannot prepare the bread for any service, please arrange with someone to cover for you.

Please don't forget to sign your name for baking the Prosphora and Artos on **the list on the bulletin board in the narthex.**

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Great and Holy Lent begins on the evening of Forgiveness Vespers on Sunday February 18<sup>th</sup>.

The first full day of Lent is Monday - February 19<sup>th</sup>. Palm Sunday is on April 1<sup>st</sup>, and Great and Holy Pascha is on April 8<sup>th</sup>

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There is only one way into the Kingdom of Heaven, and that is the very way that Jesus Christ went when He lived on earth. –

*Bishop INNOCENT, Bishop of Kamchatka, the Kurilian and Aleutian Islands*

These three things God requires of all the baptized: right faith in the heart, truth on the tongue, temperance in the body.

*St. Gregory the Theologian*

Be careful that your mind be not defiled with the remembrance of former sins – that the remembrance of those sins not be renewed in you.

*St. Anthony the Great*

St. Anthony said that three kinds of impulse exist in the body: "The first is from nature, the second is from lack of restraint in food and the third is from the demons."

When Domentian struck him in the face, spat upon him and broke his teeth, the holy ***Hieromartyr Clement, Bishop of Ancyra*** replied, "You are doing me great honor, O Domentian, and you are not torturing me, for the mouth of my Lord Jesus Christ was also beaten and struck in like manner – and behold: I, the unworthy one, have now been made worthy of this!"

In the beginning, passion and pain were not created together with the body; nor forgetfulness and ignorance together with the soul; nor the ever-changing impressions in the shape of events with the mind. All these things were brought about in man by his disobedience.

*St. Maximos the Confessor*

